## Beginner Friendly Cowl or Scarf

by Shana Bilow so



## Sizing and Materials Details

## Sizes: Cowl or Scarf

Finished measurements: 8 " width by $23^{\prime \prime}$ circumference for the cowl or 60 " length for the scarf
Gauge: 14 stitches and 20 rows $=4$ " in stockinette stitch
Needles: US 10.5 ( 6.5 mm ). Adjust needle size as necessary to obtain correct gauge.
Yarn: 120 yards for the cowl or 300 yards for the scarf of chunky weight (CYCA \#5) yarn. Samples made with Berroco Vintage Chunky ( $52 \%$ acrylic, $40 \%$ wool, $8 \%$ nylon, 136 yds $/ 100 \mathrm{~g})$.
Other Materials: lock-ring stitch marker to mark the RS of the work, tapestry needle to weave in ends and sew the cowl together, optional: size K crochet hook for finishing off the edges.

## Pattern Notes and Knitter's Tips

- KNIT STITCH - yarn is in back, needle goes up the stitch, wrap yarn around needle, come down and out of the stitch, and release the stitch from the left-hand needle.
- PURL STITCH - yarn is in front, needle goes down the stitch, wrap yarn around needle, come up and out of the stitch, and release the stitch from the left-hand needle.
- In the middle of a row, the yarn will be attached to the needle that belongs in your right hand.
- The pattern is written as a checksheet. Follow rows 1-30 on page 3 for the pattern.
- Mark the RS of the work with a stitch marker to help keep track of whether you are on an odd numbered row or even numbered row. All odd numbered rows are RS rows. All even numbered rows are WS rows.
- Count your stitches every few rows to make sure you have not increased or decreased.


## Instructions

Cast on 28 stitches. Repeat rows 1-30 until piece is desired length - about $23^{\prime \prime}$ for a cowl or about $60^{\prime \prime}$ for a scarf - ending after a row 14 or 30 for the cowl or a row 4 or 18 for the scarf. Bind off.

## Finishing

If your edges are a bit uneven or jagged, you can work a row of single crochet around the side
 edges of the piece. Work one single crochet for every two rows of fabric. For the cowl, sew the cast-on edge to the bind off edge. For both cowl and scarf: weave in tails and block.

Abbreviations
k - knit.
p-purl.
RS - right side (outside) of the fabric.
WS - wrong side (inside) of the fabric.


## 30 Row Pattern Stitch

Pattern uses multiples of 4 stitches
Use this handy grid to keep track of rows you have knit

| Row 1 (RS): knit |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Row 2 (WS): knit |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 3: knit |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 4: knit |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 5: knit |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 6: purl |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 7: knit |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 8: purl |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 9: (k2, p2) to end |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 10: (k2, p2) to end |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 11: (k2, p2) to end |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 12: (k2, p2) to end |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 13: (k2, p2) to end |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 14: (k2, p2) to end |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 15: knit |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 16: knit |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 17: knit |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 18: knit |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 19: knit |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 20: purl |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 21: knit |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 22: purl |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 23: (k1, pl) to end |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 24: (k1, pl) to end |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 25: $(\mathrm{p} 1, \mathrm{k} 1)$ to end |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 26: ( $\mathrm{p} 1, \mathrm{k} 1)$ to end |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 27: (k1, pl) to end |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 28: (k1, pl) to end |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 29: $(\mathrm{p} 1, \mathrm{k} 1)$ to end |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Row 30: $(\mathrm{pl}, \mathrm{kl})$ to end |  |  |  |  |  |  |  |  |  |  |  |  |  |

What stitches are you making?
GARTER STITCH: Every row is knit
STOCKINETTE STITCH: Right side rows are knit, wrong side rows are purl
K2P2 RIBBING: Knit 2 stitches and then purl 2 stitches. Repeat. On every subsequent row, work the stitches as they appear
DOUBLE SEED (MOSS STITCH): Knit 1 stitch and then purl one stitch. Repeat. On every wrong side row, work the stitches as they appear. On every right side row, work the stitches opposite of how they appear.

