# Beginner Friendly Cowl or Scarf





# Sizing and Materials Details

Sizes: Cowl or Scarf

Finished measurements: 8" width by 23" circumference for the cowl or 60" length for the

scarf

**Gauge**: 14 stitches and 20 rows = 4" in stockinette stitch

**Needles**: US 10.5 (6.5 mm). Adjust needle size as necessary to obtain correct gauge. **Yarn**: 120 yards for the cowl or 300 yards for the scarf of chunky weight (CYCA #5) yarn. Samples made with Berroco Vintage Chunky (52% acrylic, 40% wool, 8% nylon, 136 yds /100 g).

**Other Materials:** lock-ring stitch marker to mark the RS of the work, tapestry needle to weave in ends and sew the cowl together, optional: size K crochet hook for finishing off the edges.

## Pattern Notes and Knitter's Tips

- KNIT STITCH yarn is in back, needle goes up the stitch, wrap yarn around needle, come down and out of the stitch, and release the stitch from the left-hand needle.
- PURL STITCH yarn is in front, needle goes down the stitch, wrap yarn around needle, come up and out of the stitch, and release the stitch from the left-hand needle.
- In the middle of a row, the yarn will be attached to the needle that belongs in your right hand.
- The pattern is written as a checksheet. Follow rows 1-30 on page 3 for the pattern.
- Mark the RS of the work with a stitch marker to help keep track of whether you are
  on an odd numbered row or even numbered row. All odd numbered rows are RS
  rows. All even numbered rows are WS rows.
- Count your stitches every few rows to make sure you have not increased or decreased.

## Instructions

Cast on 28 stitches. Repeat rows 1-30 until piece is desired length – about 23" for a cowl or about 60" for a scarf - ending after a row 14 or 30 for the cowl or a row 4 or 18 for the scarf. Bind off.

## Finishing

If your edges are a bit uneven or jagged, you can work a row of single crochet around the side edges of the piece. Work one single crochet for every two rows of fabric. For the cowl, sew the cast-on edge to the bind off edge. For both cowl and scarf: weave in tails and block.

### Abbreviations

**k** – knit.

**p** – purl.

**RS** – right side (outside) of the fabric.

WS - wrong side (inside) of the fabric.





#### 30 Row Pattern Stitch

Pattern uses multiples of 4 stitches
Use this handy grid to keep track of rows you have knit

D 1 (DC) 1 11					1				$\neg$
Row 1 (RS): knit									
Row 2 (WS): knit									
Row 3: knit									
Row 4: knit									
Row 5: knit									
Row 6: purl									
Row 7: knit									
Row 8: purl									
Row 9: (k2, p2) to end									
Row 10: (k2, p2) to end									
Row 11: (k2, p2) to end									
Row 12: (k2, p2) to end									
Row 13: (k2, p2) to end									
Row 14: (k2, p2) to end									
Row 15: knit									
Row 16: knit									
Row 17: knit									
Row 18: knit									
Row 19: knit									
Row 20: purl									
Row 21: knit									
Row 22: purl									
Row 23: (k1, p1) to end									
Row 24: (k1, p1) to end									
Row 25: (p1, k1) to end									
Row 26: (p1, k1) to end									
Row 27: (k1, p1) to end									
Row 28: (k1, p1) to end									
Row 29: (p1, k1) to end									
Row 30: (p1, k1) to end									

What stitches are you making? **GARTER STITCH:** Every row is knit

**STOCKINETTE STITCH:** Right side rows are knit, wrong side rows are purl

**K2P2 RIBBING:** Knit 2 stitches and then purl 2 stitches. Repeat. On every subsequent row, work the stitches as they appear

**DOUBLE SEED (MOSS STITCH):** Knit 1 stitch and then purl one stitch. Repeat. On every wrong side row, work the stitches as they appear. On every right side row, work the stitches opposite of how they appear.