

# Beginner Friendly Cowl or Scarf

by Shaina Bilow 



## Sizing and Materials Details

**Sizes:** Cowl or Scarf

**Finished measurements:** 8" width by 23" circumference for the cowl or 60" length for the scarf

**Gauge:** 14 stitches and 20 rows = 4" in stockinette stitch

**Needles:** US 10.5 (6.5 mm). *Adjust needle size as necessary to obtain correct gauge.*

**Yarn:** 120 yards for the cowl or 300 yards for the scarf of chunky weight (CYCA #5) yarn. Samples made with Berroco Vintage Chunky (52% acrylic, 40% wool, 8% nylon, 136 yds /100 g).

**Other Materials:** lock-ring stitch marker to mark the RS of the work, tapestry needle to weave in ends and sew the cowl together, *optional:* size K crochet hook for finishing off the edges.

# Pattern Notes and Knitter's Tips

- **KNIT STITCH** – yarn is in **back**, needle goes **up** the stitch, wrap yarn around needle, come down and out of the stitch, and release the stitch from the left-hand needle.
- **PURL STITCH** – yarn is in **front**, needle goes **down** the stitch, wrap yarn around needle, come up and out of the stitch, and release the stitch from the left-hand needle.
- In the middle of a row, the yarn will be attached to the needle that belongs in your right hand.
- The pattern is written as a checksheet. Follow rows 1-30 on page 3 for the pattern.
- Mark the RS of the work with a stitch marker to help keep track of whether you are on an odd numbered row or even numbered row. All odd numbered rows are RS rows. All even numbered rows are WS rows.
- Count your stitches every few rows to make sure you have not increased or decreased.

## Instructions

Cast on 28 stitches. Repeat rows 1-30 until piece is desired length – about 23" for a cowl or about 60" for a scarf - ending after a row 14 or 30 for the cowl or a row 4 or 18 for the scarf. Bind off.

## Finishing

If your edges are a bit uneven or jagged, you can work a row of single crochet around the side edges of the piece. Work one single crochet for every two rows of fabric. For the cowl, sew the cast-on edge to the bind off edge. For both cowl and scarf: weave in tails and block.

## Abbreviations

**k** – knit.

**p** – purl.

**RS** – right side (outside) of the fabric.

**WS** – wrong side (inside) of the fabric.



