

Refraction Wrap

by *Shaina Bilow*



Dramatic stripes adorn the edge of this pullover-style shoulder-covering wrap. Fingering weight yarn drapes beautifully as simple lines create an elegant layering piece and highlight gorgeous yarn colors.

Sizing and Materials Details

Size: One Size

Finished measurements: Approximately 46"/115 cm wide unseamed and 23"/58 cm wide seamed, 23"/58 cm depth.

Gauge: 22 sts and 32 rows = 4"/10 cm in stockinette stitch, blocked, using size needle to obtain gauge.

Needles: US 5/3.75 mm knitting needle or size needed for gauge, US 4/3.5 mm 32"/80 cm circular needle or one size smaller than size needed for gauge. *Adjust needle size as necessary to obtain the correct gauge.*

Yarn: Fingering weight (CYCA #1) yarn in the following yardage amounts:

Main Color (MC): 750 yards

Contrast Color (CC): 468 yards total of one color or 78 yards each of SIX contrast colors.

Shown in Shaina Bilow Designs "Bounce" (85% superwash Merino wool, 15% nylon; 394 yds/100g and 78 yds/20 g skein) in the Hanukkah 2025 colorway: Illuminated Jewels

Other Materials: Tapestry needle.

Pattern Notes

- The ribbed border must be worked over a mutiple of 6 + 2 sts.
- Use colors as desired for the border.
- The pattern includes instructions for working the border with the faded stripes exactly as shown (see Page 5).
- The sample shawl was worked with 6 Contrast Colors as follows:
 - CC1: Pink/Purple speckle
 - CC2: Purple
 - CC3: Purple/Blue speckle
 - CC4: Blue
 - CC5: Blue/Aqua speckle
 - CC6: Aqua



Abbreviations

CC – Contrast Color.

k – knit.

k1tbl – knit one stitch through the back loop.

MC – Main Color.

p – purl.

RS – right side (outside) of the fabric.

sl1wyif - slip one stitch purlwise with yarn in front.

st/sts - stitch/stitches.

St-st - Stockinette Stitch; Worked flat: RS rows are knit and WS rows are purl. Worked in the round: all rounds are knit.

WS – wrong side (inside) of the fabric.

Tutorial Videos

Shaina's YouTube Channel

<https://www.youtube.com/shainabilow>

How to Pick Up Stitches

<https://youtu.be/TZPuOu2Cw1g>

Seaming the Wrap

<https://youtu.be/RS4B3uiHWEA>

Special Stitches

K2P2 Ribbing (multiple of 4 sts + 2)

Row 1 (RS): k2, *p2, k2; repeat from * to the end of the row.

Row 2 (WS): p2, *k2, p2; repeat from * to the end of the row.

Repeat Rows 1 and 2 for pattern.

Border Pattern (multiple of 4 sts + 2)

Row 1 (RS): K1tbl, p5, *k2, p2; repeat from * to the last 8 sts, k2, p5, sl1wyif.

Row 2 (WS): K1tbl, k5, *p2, k2; repeat from * to the last 8 sts, p2, k5, sl1wyif.

Row 3: K1tbl, k5, *k2, p2; repeat from * to the last 8 sts, k7, sl1wyif.

Row 4: K1tbl, p5, *p2, k2; repeat from * to the last 8 sts, p7, sl1wyif.



Instructions

Body

With size US 4/3.5 mm needles, cast on 90 sts. Beginning with a RS row, work in K2P2 Ribbing for 6 rows.

Change to US 5/3.75 mm needles and continue in St-st until the piece measures approximately 45"/113 cm from the cast on edge, ending after completing a WS row.

Change to US 4/3.5 mm needles. Beginning with a RS row, work in K2P2 Ribbing for 6 rows. Bind off in rib pattern.

Border

With RS facing, CC1, and US 4/3.5 mm needles, pick up approximately 266 sts along one long side of the body piece.

Note: Depending on your row gauge, pick up approximately 2 sts for every 3 rows along the edge of the work. If necessary, decrease or increase on the first row of sts to obtain 266 sts or a multiple of 4 + 2 sts.

Beginning with Row 2 (WS), work in Border Pattern (see Page 3), changing colors as desired until the border measures approximately 7.5"/19 cm from the picked up edge. Bind off in pattern.



Finishing

Block the piece to measurements, stretching the ribbing as necessary to create a rectangle.

Fold the piece in half long-ways. Starting at the unfinished stockinette edge, seam the wrap from the outer edges towards the fold, leaving about 20"/50 cm unseamed and open for the neckline.

Weave in ends. Steam block the piece.

Sample Wrap Information

To replicate the faded stripes of the sample piece, work the 6 Contrast Colors as follows while repeating Rows 1-4 of the Border Pattern:

Pick up using CC1.

Beginning with Row 2, work 7 more rows in CC1.

Attach CC2. Work 2 rows CC2.

Work 2 rows CC1.

Work 2 rows CC2.

Work 2 rows CC1. Cut CC1.

Work 4 rows CC2.

Attach CC3. Work 2 rows CC3.

Work 2 rows CC2.

Work 2 rows CC3.

Work 2 rows CC2. Cut CC2.

Work 4 rows CC3.

Attach CC4. Work 2 rows CC4.

Work 2 rows CC3.

Work 2 rows CC4.

Work 2 rows CC3. Cut CC3.

Work 4 rows CC4.

Attach CC5. Work 2 rows CC5.

Work 2 rows CC4.

Work 2 rows CC5.

Work 2 rows CC4. Cut CC4.

Work 4 rows CC5.

Attach CC6. Work 2 rows CC6.

Work 2 rows CC5.

Work 2 rows CC6.

Work 2 rows CC5. Cut CC5.

Work 7 rows CC6.

Bind off in pattern using CC6.

