

# Little Hats, Big Hearts

by Shaina Bilow



A simple newborn baby hat to support the American Heart Association's "Little Hats, Big Hearts" initiative. Pattern is written for seamed or seamless knitting.

## Sizing and Materials Details

**Sizes:** One Size – Newborn Infant

**Finished measurements:** 12" circumference & 5" depth when laid flat, though finished size may vary for each knitter, depending on yarn and tension.

**Gauge:** 18 stitches and 24 rows = 4" in stockinette stitch

**Needles:** Worked flat with a seam: US 7 (4.5 mm) straight needles.

Worked in the round without a seam: US 7 (4.5 mm) DPN's. *Adjust needle size as necessary to obtain correct gauge.*

**Yarn:** 50 yards per hat of worsted weight (CYCA #4) cotton or acrylic washable yarn.

**Other Materials:** stitch marker, tapestry needle.

## Pattern Notes

I wrote up this pattern for the American Heart Association "Little Hats, Big Hearts" initiative. The goal of the program is to raise awareness of Congenital Heart Defects. Babies born in February are given red hats in participating hospitals. For more information, to see if your state is participating, and for additional patterns for the hats, please visit:

[https://www.heart.org/HEARTORG/General/Little-Hats-Big-Hearts\\_UCM\\_487734\\_SubHomePage.jsp](https://www.heart.org/HEARTORG/General/Little-Hats-Big-Hearts_UCM_487734_SubHomePage.jsp)

# Instructions

## Seamed Hat worked flat on straight needles

Cast on 54 stitches.

Row 1: k2, (p2, k2) repeat between ( ) to the end of the row.

Row 2: p2, (k2, p2) repeat between ( ) to the end of the row.

Repeat rows 1 and 2 until piece measures 4" (or 6" if you want the brim to fold-up), after completing a row 2.

Crown Shaping:

Next row: k2tog, (p2tog, k2tog) repeat between ( ) to the end of the row. 27 stitches remain.

Next row: p1, (k1, p1) repeat between ( ) to the end of the row.

Next row: k1, (p1, k1) repeat between ( ) to the end of the row.

Next row: p1, (k1, p1) repeat between ( ) to the end of the row.

Next row: k1, (k2tog) repeat between ( ) to the end of the row. 14 stitches remain.

Finishing: Cut yarn leaving a 12" tail. Using a tapestry needle, pull the tail through the remaining stitches to secure them. Seam the hat and weave in tails.

## Seamless Hat worked in the round on DPN's

Cast on 52 stitches and divide evenly among DPN. Join work in the round without twisting stitches.

Round 1: (k2, p2) repeat between ( ) to the end of the row.

Repeat round 1 until piece measures 4" (or 6" if you want the brim to fold-up).

Crown Shaping:

Next round: (k2tog, p2tog) repeat between ( ) to the end of the round. 26 stitches remain.

Next 3 rounds: (k1, p1) repeat between ( ) to the end of the round.

Next round: (k2tog) repeat between ( ) to the end of the round. 13 stitches remain.

Finishing: Cut yarn leaving an 8" tail. Using a tapestry needle, pull the tail through the remaining stitches to secure them.

## Abbreviations

**DPN** – Double Pointed Needles; **k** – knit; **k2tog** – knit two stitches together. One stitch decreased; **p** – purl; **p2tog** – purl two stitches together. One stitch decreased; **RS** – right side (outside) of the fabric; **WS** – wrong side (inside) of the fabric.

**Thanks for knitting this pattern!**

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